



## Your Road to Recovery: Mental Health and Substance Use Disorder Treatment Services

CND offers hope, support, and healing on the journey to recovery.

### WHY GET HELP?

Many people need help to change behaviors and manage symptoms of substance use disorders or mental health conditions. Through outpatient treatment, under the care of medical professionals, and treatment providers, you can begin a healthy life in recovery.

### WHY USE CND?

CND offers comprehensive substance use disorder and mental health treatment programs licensed by the Ohio Department of Mental Health & Addiction Services. We uphold a high standard of care and offer a variety of treatment options including Medication Assisted Treatment (MAT), Intensive Outpatient Programs (IOP), outpatient programs and individual counseling. We take most major insurances, including Medicaid and have self-pay options. We take all people seeking help regardless of their ability to pay. Our location is conveniently located on the near East side of Columbus and can be accessed on the bus line.

**CALL TODAY: 614-252-4941**  
**1000 ATCHESON ST COLUMBUS, OH 43203**



# Mental Health & Substance Use Disorder Treatment Services

THERE IS HOPE.

Take the first step and pick up the phone. We are happy to talk you through accessing our program. We are here to get you better. Call us today to speak to a counselor.

## SERVICES INCLUDE:

Intensive Outpatient Program  
Non-Intensive Outpatient Program  
Medication Assisted Treatment (MAT)  
Mental Health Medication Management  
Assessment  
Alcohol & Drug Addiction Counseling  
Individual Counseling  
Group Counseling  
Gender-Specific Groups  
AOD Education Group

Crisis Intervention  
Case Management  
Mental Health Education  
Mental Health Counseling  
Family Counseling  
Spirituality & Mindfulness  
Anger Management  
Life Skills Education  
Recovery Housing

## COMMUNITY FOR NEW DIRECTION

1000 ATCHESON ST COLUMBUS, OH 43203

PHONE: 614-252-4941 FAX: 614-246-2029

AMY BECHER-SMITH, MS, MSW, CNP, APRN  
DIRECTOR OF OUTPATIENT TREATMENT SERVICES  
ABECHER@CNDCOLUMBUS.ORG

WWW.CNDCOLUMBUS.ORG

